

# Your News

Issue 14 23<sup>rd</sup> April 2021



LANGLEY PARK  
PRIMARY SCHOOL

## This week at LPPS

This week has seen us enter our first summer term on site since 2019! We are so looking forward to the term ahead.

We have introduced our value for this half term which is *wonder*. The children have been set a challenge to pose an interesting question for us to explore each week and the suggestions have been very impressive.

There **are** so many benefits to asking questions which is why we are focussing on wonder in this way this year. We really encourage children to pose questions during their lessons day to day and good quality teaching is often driven by skilfully posed open questions. This encourages children to take an active role in their learning journey.

So, we are giving the children a great opportunity to become expert questioners whilst we all learn amazing facts and ponder over some thoughtful concepts.

We will be answering our first questions next week but I wonder if you can help your child to find out the answer so that they can share it with the school? We will be including the questions in the newsletter so that this can be a regular feature of your discussions at home. We will also have a 'Did you know?' section where we will share some fascinating facts.

Not all questions have a right or wrong answer and we will be making sure that we continue to develop the skill of sharing and respecting opinions.

We are so excited to learn some fascinating facts!

Here are just some of the benefits of asking questions:

- Encourages children to engage in their work and each other
- Helps us to think out loud
- Supports learning through discussion
- It can empower us to feel confident about our ideas
- It improves speaking and listening skills
- Builds critical thinking skills
- Teaches respect for other people's opinions
- It motivates us and develops an interest in a topic

As you can see, there is a lot to be gained from teaching our children this important skill.

## This week's questions

**KS1**

**Why do trees have leaves?**

~ Hummingbirds ~

**What is the gravitational pull?**

~Wrens~

**KS2**

Tel: 020 8639 5300

## Mental Health and Wellbeing

### MENTAL HEALTH

**IS...**

- Important
- Something everyone has
- Inextricably linked to (+ probably inseparable from) physical health
- On a continuum
- Worth making time for
- Part of being human
- Something we need to look after
- Positive + Negative
- Changeable
- Complex
- Real

**ISN'T...**

- A sign of weakness
- Shameful
- All in your mind
- Always something negative
- Something you decide to have
- Something to think about only when it feels broken
- An interchangeable term with mental illness
- Feeling good all the time
- Something you can snap out of
- Fixed
- Fake news

The most beautiful things in the world cannot be seen or even touched. *They must be felt with the heart.*

✧

HELEN KELLER

Taken from the 'living resiliently blog'

We are often drawn to talking about mental health when we are actually referring to mental ill health. As we all have mental health, it is important to think about when we will feel mentally healthy and what we are doing or what is happening around us that helps us to feel that way. This can help when we are not feeling as well as it can serve as a reference point that things will get better.

When we are talking to our young people, share with them the times we feel good and explain why. They are still learning about positive and negative feelings and how to move between them. Recognising when we feel good can support the development of self-help strategies. Also, it is lovely to talk about positive things and recognise when life feels good.

So, a conversation about mental health is a conversation for any time, however we are feeling. It is up to us to remove the stigma.

**Tigers have striped skin, not just striped fur.**

**DID YOU KNOW?**



Respect

Passion

Reflection

Wonder

Empathy

Unity

Perseverance

## Well done!



**Adam Peacock (Starling Class)** was delighted the week before Easter to be invested into the 7th West Wickham Cub Pack. He is looking forward to trying lots of new and exciting activities, starting with tent building, paddle boarding, hiking and cooking over the next few weeks. These will provide great opportunities for him to demonstrate the school

values of perseverance, unity and wonder. Good luck Adam!

**Thomas (Starling Class)** attended a Kids Sewing Machine Driver's Licence which was a 2.5hr course where he learnt how to use the machine from an instructor and made a drawstring bag.

He is very proud of himself and eager to continue learning.



Well Done!

**Stevie (Puffin Class)** received an award for his superb efforts during his swimming course. Having spent almost a year out of the water we were very proud of how brave and determined Stevie was going back to the pool! As part of his award he

was allowed to wear the gold swimming hat for the duration of his swimming lesson which filled him with confidence and pride!

We would love to hear about the achievements made outside of school by of our wonderful children.

Please send in any achievements, 'big' or 'small' to the main office so that we can celebrate them in our newsletters



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### Earth Day at LPPS

This week has been a very important week at LPPS as we have been marking Earth Day (Thursday 22<sup>nd</sup> April). Celebrated annually, Earth Day allows us to reflect on the importance of protecting our Earth in our ever-growing battle against climate change, something we highlighted already in our Eco Week poems this year. To raise awareness for Earth Day further, we have decided to take inspiration from the recent 'Wild Glades Festival' organised by The Glades, Bromley and begin to regrow a passion for the wild as part of our own rewilding challenge for Summer 1. Over the course of the term, we will complete some rewilding activities in our classrooms and school environment.



### Pictures of our ECO Warriors beginning to 'Rewild' at LPPS



### What is rewilding?

Rewilding is letting nature run free and it is considered one of the best chances we have of fighting the effects of climate change. While it is a pretty big concept, we hope that our LPPS community can begin to take the first steps to reconnect and celebrate the beauty, wonder and the rich biodiversity that is local to our area whether it is by planting wild flowers or taking steps to help support the vulnerable creatures that inhabit our ecosystem.



For more information on rewilding:

<https://www.rewildingbritain.org.uk/explore-rewilding>

### How to get involved:

To get some inspiration, take a look at The Glades, Bromley's 'Wild Glades Festival' page below and begin your rewilding journey by watching the videos and completing the activities which range from building your own exciting hedgehog hotel to making seed bombs.

Links:

<https://www.theglades.co.uk/wildglades/#about>

For more exciting activities:

<https://ypte.org.uk/topics/home-learning-packs>

### Challenge: Calling all Eco Warriors

If you are a passionate, creative individual then we've got a WILD challenge that is just for you!



Over the course of Summer 1, can you complete 3 or more

rewilding activities and record your progress? For example, you might create a video diary of growing your own wildflowers or take pictures of a bird feeder you have designed.

At the end of Summer 1, children will be chosen from each key stage and will receive a special prize for their excellent efforts.

You can send your pictures or videos to Ms Kavanagh via the school office email:

[office@langley-primary.org.uk](mailto:office@langley-primary.org.uk)

Last day for entries to be emailed is May 26<sup>th</sup> 2021.

Rewilding Corner

# Rewilding

H	I	N	Y	R	O	E	R	O	I	C	E	E	R
E	E	O	S	A	C	S	E	N	I	O	I	R	I
A	C	H	I	E	O	E	T	P	E	W	C	U	E
U	O	I	A	B	R	C	S	C	T	S	O	T	D
N	S	R	D	E	E	E	E	U	E	L	L	A	A
S	T	O	Y	T	E	E	O	T	R	I	O	N	N
H	N	V	O	S	S	E	W	R	E	P	D	T	D
M	N	R	W	S	B	L	O	S	S	O	M	S	E
E	P	T	R	E	W	I	L	D	I	N	G	A	L
T	H	N	B	U	T	T	E	R	C	U	P	O	I
N	O	I	T	A	V	R	E	S	N	O	C	R	O
S	E	C	O	S	Y	S	T	E	M	C	O	E	N
B	N	S	E	E	O	C	T	I	A	D	L	S	S
B	R	E	G	R	O	W	T	H	R	E	R	L	L

- BLOSSOM
- DANDELIONS
- PROTECT
- BUTTERCUP
- NATURE
- COWSLIP
- ECOSYSTEM
- DAISY
- REWILDING
- EARTH
- CONSERVATION
- REGROWTH

Can you spot the 7 differences?





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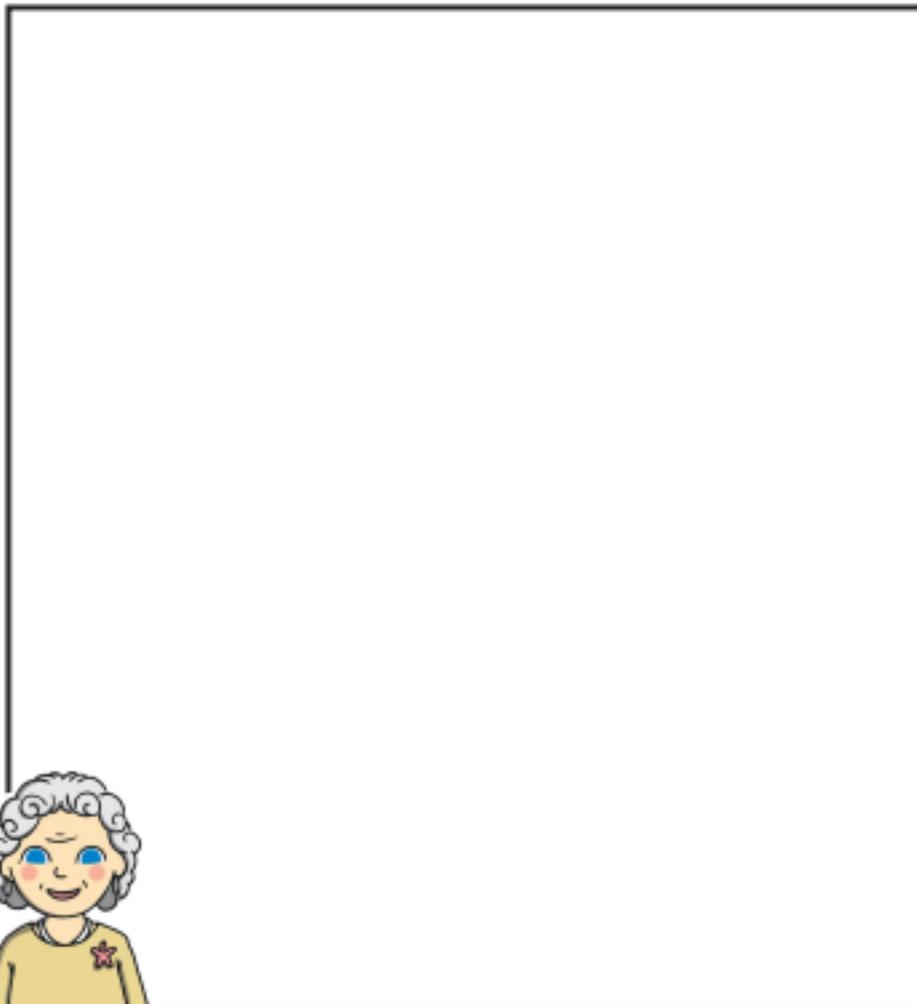
## Little LPPS

The 21<sup>st</sup> of April is Queen Elizabeth II's birthday! She was born in 1926 making her 95 years old. However, the Queen is very lucky as she gets to have two birthdays. Her second birthday this year is on the 12<sup>th</sup> June, but why? King Edward VII, the Queen's Great-Grandad, decided as his birthday was in November, which is normally a cold month, the Monarch would have another birthday in the summer. This second birthday is celebrated with a Trooping the Colour parade, more than 1400 soldiers, 200 horses and 400 musicians usually take part in the event.

Can you help the queen design a cake for her birthday?



## Design the Queen's Birthday Cake





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## IMPORTANT NOTICES



Some of our School Council representatives have shared their views on how we can keep each other safe on Hawksbrook Lane.

“Keep safe by concentrating and not looking at your phones or chatting with your friends because we are all someone's family, so we are one big family.” – **Jaxon**

**Fiona** added, “It's like the Lorax says, unless someone like you cares a whole awful lot nothing's going to get better. It's not. Everyone has to care about each other so we can all be safe when we walk to school.”

We don't want cars on the school road because someone might get run over. I want to ride my scooter with some of my friends. – **James**

It would be good to have some 'car free' time on the lane. - **Jessica**



Brake's top tips for keeping children safe near roads

- **Children under 8 should always hold a grown up's hand when walking near roads**
- Children under 8 should always cross roads with a grown up, at a safe crossing place
- Until they are 150cm tall, all children should sit in a correctly sized and fitted child seat when travelling by car
- Children under 10 should not cycle on roads, they should keep to cycle paths away from motorised traffic
- Children should always wear a helmet when cycling to protect their head if they fall off

Here are our top tips for using buggies and pushchairs safely near roads:

- If you use a buggy or pushchair, strap in your child securely and keep the buggy or pushchair well back from the edge of the road when getting ready to cross.
- If you use a buggy on hilly streets, use a strap that goes around your wrist and the buggy handle; it means if you slip and let go, the buggy won't roll away.
- If you are pushing a buggy as well as looking after an older child, teach the older child to hold on to the buggy too and walk alongside you, on the inside.
- If you can cope with the weight, a front or back carrier is a safer way to carry a baby near busy roads, and means your hands are free for other children's hands.



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#### Dates for your diary

- **3<sup>rd</sup> May** – Bank Holiday Monday
- **11<sup>th</sup> – 13<sup>th</sup> May** – Life Education Workshops
- **28<sup>th</sup> May** – Staff Inset Day – Children not in School
- **11<sup>th</sup> June** – Class photos