

Your News



Issue 5 20th November 2020

This week at LPPS

This week has been Antibullying week at LPPS. We are very keen that this is not something that we discuss once a year but that it is clear to all of the children that we will **not** tolerate any kind of bullying.



Thank you to Kingfisher class for sharing a picture of some of the work that you have done this week.

We will continue to focus on kindness and friendship in line with our focus values for this half term so that LPPS continues to be a happy and safe environment for all children.

If you ever have any concerns regarding bullying please come straight to us discuss this with your child's class teacher in the first instance. It is very important to us that any matters are dealt with swiftly.

I also would like to thank parents for their understanding when we closed the reception bubble on Thursday. Your quick response to our request and your words of support at this challenging time mean a lot.

Keep safe.

Mrs Kluzek

Lane Safety

I will be looking into why the lane seems busier at dismissal as this has been raised as a concern with me. LPPS have altered their times slightly but this has

been the case of a couple of weeks now which does not tally with the raised concerns.

Resources

Thank you so much for the donations of paper towels to the school. Every little bit helps and this will make a difference to our budget. If you are able, please do keep the donations coming regularly.

We're here to help.

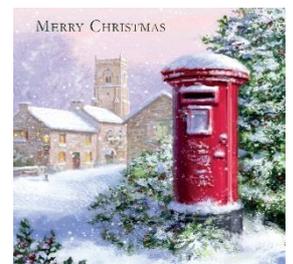
We know that this is a challenging time for many families for a variety of reasons. We want to be able

to do all that we can to help. If you are struggling financially and would like help accessing services that can support, please do contact Mrs Nokes. Like all of our conversations with you, discretion is always used. Many people's circumstances have really changed over the last few months and if there is anything we can do, please do ask. Sometimes just letting us know means we can keep an extra eye on your child who may be feeling the effects of the strain this might be putting on your family life at home.

We are all in this together.

Christmas cards

We will **not** be distributing cards in the usual way due to Covid-19. If your child wishes to write cards this year, we ask that they write **one** card to the whole class and this will be displayed in the classroom for everyone to enjoy. I think it is a good year to encourage us to think of other ways to pass on season greetings and be kind to the environment. This may well be a change that we keep.





Respect

Passion

Reflection

Wonder

Empathy

Unity

Perseverance

Children in Need



Together we raised a total of **£265.15**. This is fantastic – well done!

Mental Health and wellbeing

Support in Bromley

For children and young people up to 18 years

If you have concerns about your child or young person's emotional wellbeing or mental health you should speak to your GP or school/college SENCO who can help you to make a referral to our partners at [Bromley Community Wellbeing \(Bromley Y\)](#).

Bromley Community Wellbeing Service (Bromley Y), is the Single Point of Access (SPA) for all referrals to mental health and emotional wellbeing services in Bromley. Referrals to the SPA can be made from any child, young person or family/carer (self-referral), or agency involved in working with children and young people, including GPs, social care, education, acute and community paediatricians and voluntary sector organisations.

You can contact Bromley Y directly to self-refer via telephone on 0203 770 8848 or by completing their referral form.

The SPA will determine whether individual children and young people should be referred to specialist Child and Adolescent Mental Health Services (CAMHS) either at initial triage and/or following an assessment/intervention at Bromley Community Wellbeing Service.

If you reside in Croydon and would like to discuss a referral for your child, please contact Mrs Kluzek.

Physical Education

At LPPS, we believe keeping active is really important. Exercise is proven to keep you fit and healthy, but also, it helps to lift your mood and is one way to keep yourself mentally well too. Exercise releases chemicals in your body that make you feel happy! With this in mind, now more than ever as we focus on looking after ourselves, we must find time for exercise in our lives. The children at LPPS have been doing exactly this, in lots of different ways. Read on to find out how!

Curriculum:

Our PE curriculum is packed with **variety**. The children learn to play many different sports such as Dodgeball, Hockey, Netball, Football plus many more. Yoga is also on our curriculum, alongside lessons in Dance, Fitness and OAA (Outdoor Adventure Activities). In OAA, the children are taught a multitude of teamwork skills: how to listen to others and follow instructions; how to develop trust and accept support; and how to effectively plan and problem solve. We also are part of a fitness initiative called '5-a-day fitness', and at some point **everyday** the children take part in 5 minutes of exercise to a guided routine set to music. As a whole school community, we acknowledge and celebrate the power that exercise can have in increasing motivation, concentration and enjoyment in the classroom.

Cross country club:

Cross country club began last week and so many children put themselves forward to be part of the club. During the lunchtime club, the children run a 1.8m track across the field and playground. They also take part in numerous other physical exercises to increase their running stamina and fitness.

Nephia in Nightingales class, Year 1: *I like running. Last week I ran round the track four whole times. I want to be able to run more and more than this. I also like it when we use the stopwatches to time our running buddies.*



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Alice in Starling class, Year 3: *Cross country club is fun because each week you can try to get faster and faster. You can cheer on your friends, telling them 'keep going you can do this.' I enjoy running and I like that running can be a competition too.*



Netball coaching:

In Key Stage Two, both the teachers and the children have benefited from having a TeachSport coach, Miss Vivian, in their netball lessons. Miss Vivian is able to deliver expert coaching on passing, footwork and how to maximise teamwork within a game situation. Since September, the teachers have noticed a huge development in the children's progress when playing Netball.

"The netball coaching has been fantastic for the children. They are making great progress each week and are developing the skills needed to be successful netball players. It's amazing to see them incorporate the skills they have learnt independently to their group matches." – Miss Champion, Doves class teacher

Active break and lunch times:

It's not only during our PE lessons that we find time to be active during the day. During break and lunchtime, the children are encouraged to keep active with their friends, making the most of the fresh air and exercise. Our midday supervisors do a brilliant job at facilitating opportunities for active play on the playground and help the children to get the most out of their playtimes.

Coming up...!

A range of enrichment activities are planned for the Summer term which aim to give children taster sessions into different physical activities. Salsa and Latin dancing workshops will be available for the children to try, alongside a body percussion workshop to show the children how being physically active can also create music. We aim to have a Beckenham tennis coach in during the Summer term to offer the children Tennis coaching during their PE lessons too.



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And reflecting on:

- Types of bullying
- How bullying can make someone feel
- What we can do if we or someone else is being bullied

For more information on bullying please visit <https://www.anti-bullyingalliance.org.uk/>

Miss Kirby Jones – PSHE Lead

This week we have joined schools up and down the country to raise awareness about bullying. This year's theme for Anti-Bullying Week is "United Against Bullying". Bullying has a long-lasting effect on those who experience and witness it. But by channelling our collective power, through shared efforts and shared ambitions, we can reduce bullying together. From parents and carers, to teachers and politicians, to children and young people, we all have a part to play in coming together to make a difference. We're all a piece in the puzzle, and together, we're united against bullying.

At LPPS we kicked off the week with "Odd Socks Day" to highlight the fact that we are all unique and our diversity should be celebrated. We had great fun dancing to Andy and the Odd Socks: [The Kids are United!](#)

The children have been learning about the key features of bullying:

- It doesn't just happen once: it goes on over time and happens again and again
- It is deliberate: hurting someone on purpose, not accidentally
- It is unfair (the person doing the bullying is stronger and more powerful, or there may be more of them).



As we move into the festive season, please do let us know if you prefer that your child did not partake in activities relating to Christmas as soon as possible.



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Little LPPS

This week we have thought about ways we can unite against bullying and use our power for good. Colour, cut and assemble these HERO wristbands then share them with family to spread the anti bullying power.





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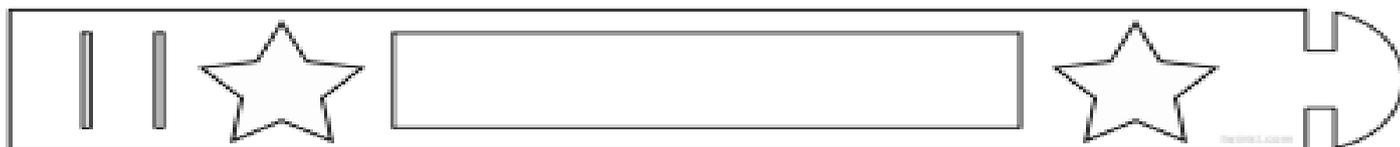
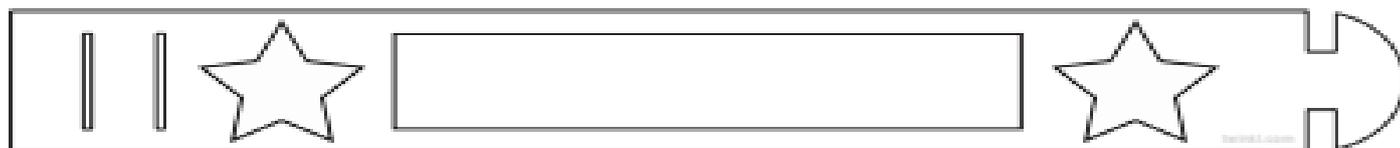
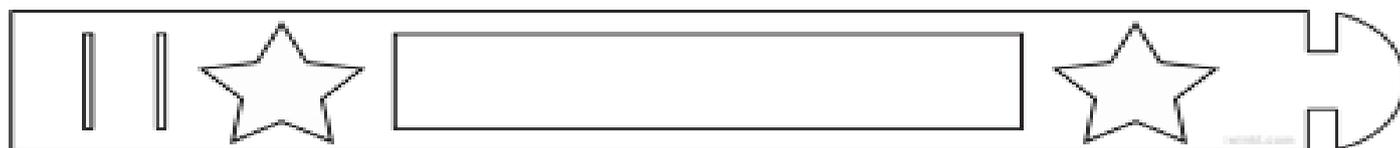
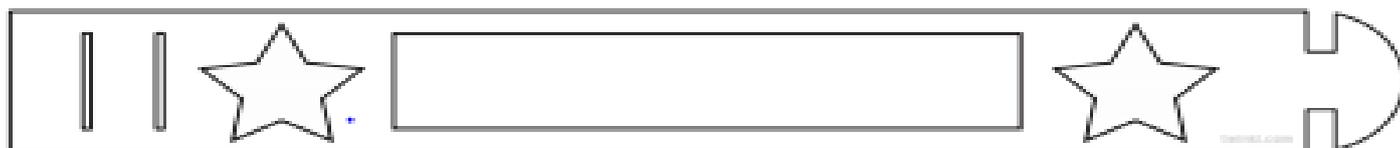
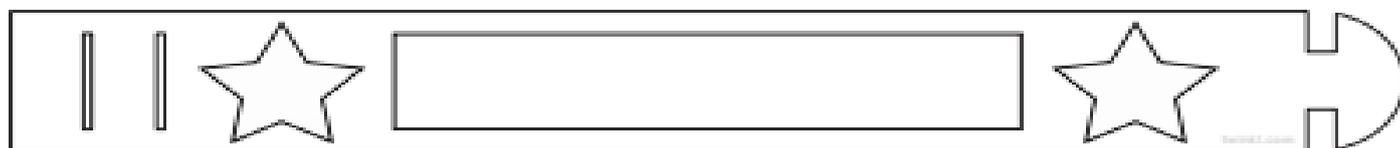
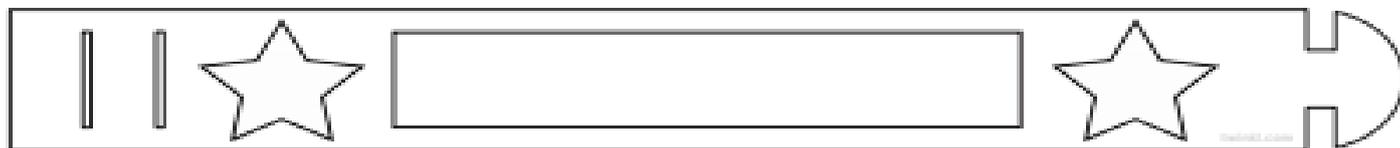
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Help Everyone Respect Others



Achievements



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Sophie was ecstatic to get her medal for completing her summer reading challenge at Hayes library! Well done Sophie!



Luca Russell-Sokhal receiving both maths and English certificates for Kumon. Luca has worked extremely hard over the last 18 months on both subjects and we couldn't be more proud. Well done Luca!

THANK YOU!

We want to pass on a huge thank you to all of you who donated children's toiletries to Bromley Brighter Beginnings. The contribution was huge and I am so proud of the school community for being so generous. Thanks also to Mrs Smith for organising the collection and delivering our donations. They will be very much



Noah has been super creative having baked some yummy cupcakes and building a fantastic rocket. Well done Noah!



appreciated by the recipients. Bromley Brighter Beginnings pass on their thanks – this really will

make a difference to many families in our local community.

We love hearing your achievement news – keep sending these in to us at office@langley-primary.org.uk



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With thanks and best wishes,

LPPS PTA.



PTA Winter Decorations Fundraiser

On **Friday 4th December** your children will be bringing home with them 2 winter decorations they have made especially for you. In return for the winter decorations, we are asking for a suggested £2 donation to be returned into school in the red striped paper bags provided by **Friday 11th December**. Please note this is a *voluntary* donation, however all funds raised from this festive initiative will help support a Christmas Class Party Box for each class to enjoy during the final week of term (all Covid safe), whilst also contributing to other PTA fundraising projects.

PTA Christmas Cards

Our online shop for Christmas card orders is now closed. All orders taken have been sent for production and will be ready to send out at the beginning of December. Thank you very much to all those families who have purchased. In doing so, you have helped raise funds for our wonderful school.

PTA Easy Fundraising App

Did you know you could raise money for our PTA whilst you shop? With Black Friday just around the corner, there is never a better time to make your first donation! Please visit the website and sign up today! <https://www.easyfundraising.org.uk>

Dates for your diary

- **27th November** – Flu Nasal Spray Immunisations
- **4th December** – Year 2 Royal Dress Up Day
- **4th December** – PTA Christmas Decorations to go home
- **Week Commencing 7th December** – Loom parent Information Reading Sessions
- **9th December** - Christmas Lunch
- **11th December** – Christmas Jumper Day
- **11th December** – Deadline for return of PTA Decorations
- **14th December** – Flu Nasal Spray Catch Up (for children not in on 27th November)
- **16th December** – Virtual Panto