

# Your News

Issue 6 4<sup>th</sup> December 2020



LANGLEY PARK  
PRIMARY SCHOOL



## This week at LPPS

We have continued on our theme of friendship and kindness in our assemblies linked to empathy and unity. As a school we have looked at what we value about our friends and how genuine compliments make us feel. The children have been asked to reflect on the following to thinking points:

- Do you think all friends will last forever?
- Can everyone be a friend?
- Can we be friends with someone all the time?
- Could you be friends with someone after you have fallen out?

The aim of this reflection is to make the children aware that all friendships have their ups and downs and we can work through those with support. We have always spoken about the fact that they are not expected to be best friends with everyone in school but they are expected to show mutual respect to everyone.

Next week we will move onto looking at ingredients for a good friend in KS1 to help them to be an even better friend. In KS2 we will begin to explore the idea of peer pressure in order to equip the children to make the right decisions, even if their friend is not doing so.

It would be great if you can support this work by talking to your children about the above questions (KS1 and KS2) and reiterate the importance of kind hands and feet (all children including EYFS).

It is always a good idea to revisit our Golden Rules and values with your children to support them in being successful in their choices at school.

**Our values can be found at the top of each subsequent page of the newsletter.**

## OUR GOLDEN RULES

*These are our Golden Rules for children, teachers, associate staff, volunteers and parents.*

**We are kind, polite, respectful and helpful**

**We listen carefully to each other and care for each other**

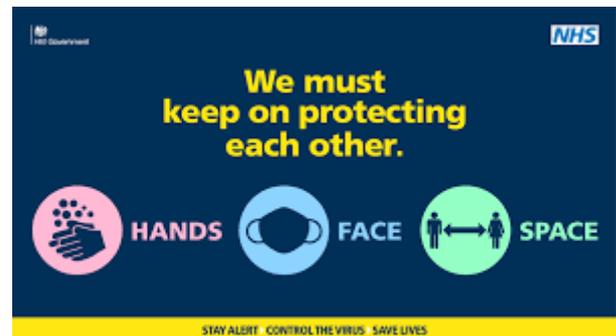
**We try our best, work hard and learn from our mistakes**

**We always tell the truth**

**We keep ourselves and each other safe and tell someone if we have a problem**

**We look after our school and everything in it**

## Reminder



Once you have dropped your child to school, please can you leave site promptly to avoid gatherings. Our soft start and staggered end times only work if parents leave site immediately after seeing their children into school.

If you are able to wear a mask, please can you do so **on entry to the Langley Campus** and not just as you approach the gate.

We need to do all that we can to keep each other safe.



Respect

Passion

Reflection

Wonder

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## Community Link

### Free Vodafone SIM card to access the internet

As part of Vodafone's Schools Connected plan, they are offering free data SIMs - with 30GB data for 90 days - to children in primary and secondary schools across the UK, so they can #KeepConnecting and learning at home.

Access to the internet will benefit your child's learning hugely if they have to learn from home due to self-isolation or bubble closure.

These SIMs are compatible with any smartphones, tablets and other devices that have a SIM card port. You will not be able to send texts or make calls with these SIMs, they are for data use only.

We have a limited number of these SIM cards however if you feel that your child would benefit, please email the school office directly expressing your interest.

For more information on this scheme, please follow the below web link:

<https://www.vodafone.co.uk/mobile/pay-as-you-go/plans/schools-connected>

Mrs Browne

### Training for parents from London Borough of Bromley

Bromley have shared details of some training that feel may be beneficial to **parents** who have children with mild to moderate ASD/behaviours.

This training course delivered by Personal Awareness Consultancy & Training (PACT), which will assist **parents/carers** in supporting their children/young people to manage behaviours that challenge.

The course will cover both theory and practical ways to manage and prevent behaviours that

challenge. The program will be based around the needs of the group.

Typical programs include;

- Disengagement techniques (if required)
- How to keep yourself safe
- Videos on Anxiety & how to manage anxiety
- Purpose / function of the behaviour
- Positive Behaviour Support planning
- Setting the foundation for change
- Trigger words to avoid
- Verbal de-escalation strategies

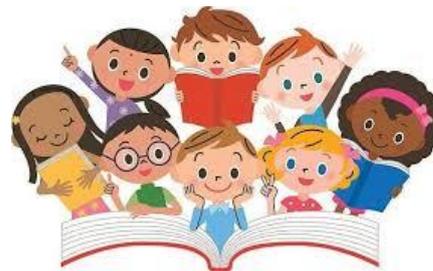
The training is on 30th November & **14th December** – Zoom session 10 to 1pm - 15 minute tea break

For a place contact **Dawn Andress** Business Support – Children's Disability Service. The sessions run monthly.

[Dawn.Andress@bromley.gov.uk](mailto:Dawn.Andress@bromley.gov.uk)

Mrs Marrison - SENCO

## Helping your children at home



In the coming week, we will be uploading this half term's parent workshop to our website for you to view. Our focus this term is supporting your child with reading at home and there will be one presentation per phase (EYFS, KS1 and KS2). We hope that you find these useful. If you have any questions, **your child's class teacher** will be more than happy to assist.



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We will share the link with you when it is live.

## Mental Health and wellbeing

This week we are providing you with a link to a very helpful factsheet entitled 'Positive Parenting in Stressful times'

During this stressful time of the coronavirus pandemic, families have to self-isolate and do social-distancing. Here are tips from the positive parenting field that may help parents and children get along better during this difficult time when everyone is closer together for longer.

[http://oxleas.nhs.uk/site-media/cms-downloads/Positive Parenting in stressful times Ten Top Tips.pdf](http://oxleas.nhs.uk/site-media/cms-downloads/Positive_Parenting_in_stressful_times_Ten_Top_Tips.pdf)

With the possibility of bubbles closing with little notice, you may want some guidance on how to talk to your child about the virus and the rapid change that may occur in their routine. The clip below is another good source of information.

Click on the image below or  
<https://vimeo.com/408754661>



## Little LPPS

This term we have been busy exploring our values of unity and empathy with a particular focus on showing kindness.

Why not challenge yourself to complete as many random acts of kindness from this list as you can! Can you complete all 20?

### 20 Random Acts of Kindness

Try some of these random acts of kindness. Remember to ask an adult for help before completing these activities.

1. Run a bubble bath for a grown-up.
2. Bake buns for your class.
3. Make some food for somebody.
4. Take some flowers to an elderly neighbour.
5. Send a postcard to a friend.
6. Hold a door open for somebody.
7. Set the table for dinner.
8. Wash somebody's car.
9. Donate old clothes to a charity shop.
10. Use your pocket money to buy somebody a present.
11. Empty the dishwasher or wash up.
12. Give a compliment to somebody.
13. Volunteer to help at an after-school club.
14. Clean up after somebody.
15. Help another person carry something.
16. Invite somebody playing alone to join in.
17. Phone somebody you haven't spoken to for a while.
18. Leave a secret message for somebody.
19. Raise money for a charity.
20. Make a birdfeeder.





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## Art

Hello artist of LPPS!

With the festive period well underway, it has been fantastic to see all the decorations displayed around the school – it really is beginning to look a lot like Christmas (I think that the elves at the North Pole may even be feeling a little jealous!). As Christmas is just around the corner I couldn't think of a better time to launch a competition across all Key Stages....

### **Competition Time!**

#### *Calling all Eager Artists:*

It's time to get crafty!

Do you have a flair for art? Do you also love Christmas! Well, this competition encompasses both! Think about what Christmas means to you and create a Christmas inspired image.

**How to enter:** Create a Christmas inspired image using a technique of your choice (for example collage, paint, printing, digital technology) and submit an image of the finished result. Think about how to make your image as eye-catching as possible.

Closing date for entries submitted via [office@langley-primary.org.uk](mailto:office@langley-primary.org.uk)

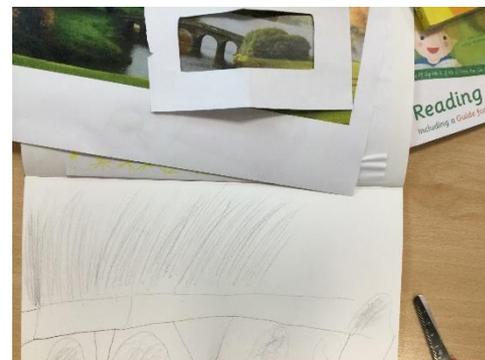
**Wednesday October 16<sup>th</sup> 2020.** The winning EYFS, KS1 and KS2 entries will receive a prize and entries will be displayed around the school.

It hasn't been all festive inspired art at LPPS. Year 4 are currently using the topic *Vista* to develop a range of art skills. So far, we have developed our understanding of what a vista is and identified some key features of landscape art.

We then created our own view finders and used these to isolate a certain part of a chosen image. After considering which aspect of landscape art would be most effective to isolate we then proceeded to sketch these into our sketchbooks paying attention to scale.

The outcomes were fantastic and definitely meet the criteria of interesting, breath-taking and pleasing.

#### **Year 4's landscape inspired art using viewfinders**





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### Year 4's landscape inspired art using viewfinders.



### Dates for your diary

- **Week Commencing 7<sup>th</sup> December** – Parent Information Reading Sessions will be sent via Parentmail
- **7<sup>th</sup> December** – PTA raffle tickets to go home with children
- **7<sup>th</sup> December** – deadline for donations of prizes for class Christmas boxes
- **9<sup>th</sup> December** - Christmas Lunch
- **11<sup>th</sup> December** – Christmas Jumper Day (suggested £1 donation per family for Save the Children)
- **11<sup>th</sup> December** – Deadline for return of PTA Decorations & PTA raffle tickets
- **14<sup>th</sup> December** – Flu Nasal Spray Catch Up (for children who weren't in school on 27<sup>th</sup> November)
- **16<sup>th</sup> December** – Virtual Panto
- **18<sup>th</sup> December** – Last Day of Term
  - **Reception** - 1.25 finish
  - **Years 1 & 3** – 1.35 finish
  - **Years 2 & 4** – 1.40 finish
- **5<sup>th</sup> January** – First day of Term

### School Uniform

If your child has borrowed school uniform from the school office, please ensure it is washed and returned to the class teacher as soon as possible, so that we have enough for other children to use in case of accidents.